

Psychotherapist/Social Worker

Are you passionate about making a difference in the lives of children, youth and their families? If you're dynamic, enthusiastic and eager to learn, we'd love to have you on our team at ACT Learning Centre!

Position Overview

We are seeking a compassionate and skilled full-time Psychotherapist/Social Worker to join our multidisciplinary team. This registered professional will provide client-centred, evidence-based care across virtual, in-clinic and community settings. The ideal candidate has a strong background in therapeutic modalities such as CBT, EMDR, DBT, and play-based therapy, with demonstrated experience working with children, youth, and individuals on the autism spectrum. A neuro-affirming, trauma-informed approach is essential. Knowledge of the Ontario Autism Program, relevant legislation and experience supporting diverse populations is required. This role may include clinical supervision and requires the ability to work independently while contributing to a collaborative, client-focused environment.

Position Type

- Part-time, Fixed-term contract
- Contract Term: 20 months, beginning July 2025
- 22.5 hours per week Monday to Friday
- May involve occasional evening hours depending on client needs and program requirements.

Location

This position requires flexibility to work in a hybrid model, which may include virtual
work from home, in-person services at our Ottawa clinic locations and community-based
settings as needed.

Salary and Benefits

- \$40.80 \$48.45 hourly, based on experience and qualifications.
- Earn vacation pay at a rate of 4% of your total earnings, paid out with each paycheck
- Receive reimbursement for travel expenses as required.

Why Work at ACT Learning Centre?

- Work in an environment where decisions are made quickly and efficiently, leading to a responsive and client-centred approach.
- Join a supportive, collaborative, and professional team that values your input and provides ongoing support and development.
- Enjoy the opportunity to shape your caseload and treatment plans with increased independence and adaptability.
- Our dedicated intake team manages scheduling and pre-service documentation so you can focus more on therapy and less on administrative tasks.
- Paid professional development opportunities to enhance your skills and knowledge.



Key Responsibilities

- Provide individual, group and family therapy sessions to individuals with neurodivergence, including autism, ADHD and other developmental or cognitive differences.
- Participate in regular supervision sessions with a licensed psychotherapist or clinical supervisor, as required by the regulating college.
- Develop individualized treatment plans tailored to each client's assessments and therapeutic goals.
- Maintain accurate, timely clinical documentation.
- Collaborate with other registered health professionals to ensure comprehensive care for clients.
- Ensure confidentiality and informed consent are upheld in all client interactions.
- Ensure that all clients are served without discrimination, regardless of language, gender, race, culture, ethnicity or disability.
- Be knowledgeable about community resources, support and funding opportunities available to clients.
- Provide clinical supervision to students, interns or qualifying practitioners, in alignment with the guidelines and ethical standards of the Ontario College of Psychologists, or the alternate regulating college.
- Ensure supervision is documented appropriately and supports the development of professional competence.

Requirements

- Master's Degree in Social Work (MSW) or relevant psychotherapy qualification (M.A. in Psychology, Counselling or related field).
- Must be a Registered Psychotherapist with CRPO or a Social Worker registered with OCSWSSW
- Preference will be given to applications with 3+ years of clinical counselling experience as a fully registered Psychotherapist or Social Worker to neurodivergent children and youth, particularly from a play-based perspective.
- Holds certification or specialized training in one or more therapeutic approaches such as Trauma-Informed Care, Cognitive Behavioural Therapy, Eye Movement Desensitization and Reprocessing, Dialectical Behaviour Therapy, Somatic Therapy, Polyvagal Theory and/or Mindfulness-Based practices.
- Experience in providing play-based therapy is required.
- Maintain professional liability insurance.
- A successful Vulnerable Sector Check.
- Bilingualism, an asset

About Us

ACT Learning Centre is a leading-edge, dynamic, multidisciplinary practice in Ottawa and Kingston. We are a multidisciplinary team of Speech-Language Pathologists, Occupational Therapists, Social Workers, Registered Behaviour Analysts, Communicative Disorders Assistants,



Occupational Therapy Assistants and Supervised Instructor Therapists, providing exceptional services to children and youth with autism or other developmental disorders/delays and their families.

ACT Learning Centre is one of the local providers of the Caregiver Mediated Program under the Ontario Autism Program (the Play Project) and the only local provider of the Entry to School Program (a school readiness program funded under the Early Years Pillar of the Ontario Autism Program). We have a busy multidisciplinary practice with multiple locations throughout Ottawa and a growing private practice in Kingston.

ACT Learning Centre is committed to creating a diverse environment and is proud to be an equal-opportunity employer. All qualified applicants will receive consideration for employment regardless of ethnicity, race, colour, religion, gender, gender identity or expression, sexual orientation, nation of origin, genetics, disability, age or veteran status.

ACT Learning Centre complies with the Accessibility of Ontarians with Disabilities Act (AODA). Accommodations are available upon request for candidates participating in all aspects of the selection process.

Visit https://actlearningcentre.ca/ to learn more!